

The Reflector.com January 12, 2011

<https://www.reflector.com/her/meet-her/audrey-vines-239338>

Audrey Vines of Farmville is a woman of many talents, from singing and teaching to writing to baking.

Audrey, 55, teaches Family/Consumer Science at Southwest Edgecombe High School in Pinetops.

She has been singing gospel music professionally with her sisters — The Vines Sisters — for more than 40 years. Her sister Dorothy Vines Daniels, who owns Farmville's House of Fashions and does alterations, writes most of the songs The Vines Sisters record. Other members are sisters Alice Vines, a pastor and fohttps://www.reflector.com/her/meet-her/audrey-vines-239338under of Believe in Jesus Ministry, and Mattie Vines Harper.

Audrey has been writing as a hobby for most of her life. While writing her thesis on "African American Family Strengths," she was inspired to write a book. In 2008, she self-published "Change Your Thinking Change Your World" through Authorhouse Books; it's available as a paperback or electronic book at www.barnesandnoble.com and as a paperback from www.amazon.com or www.authorhouse.com. She also has written children's stories and a book of inspirational sayings that have helped her through the rough times in her life.

She and her sister, Mattie Harper, are working together to write a cookbook, "Take Back Your Personal Power," to encourage people to eat healthy and live a healthier lifestyle. Mattie suffered a massive stroke a few years ago, and Audrey was diagnosed with diabetes. Both women have changed their eating habits and incorporated exercise into their lives, and they share their stories and recipes in the upcoming book.

As "The Sunshine Girl," she hosts a weekly gospel radio show that airs from 11 a.m.-2 p.m. Saturdays on gospel station WTOW 1320 in Washington, N.C.

Audrey earned an associate's degree in Early Childhood Education from Pitt Community College and then attended East Carolina University, where she graduated Magna Cum Laude with a degree in Family and Community Services. She also earned a master's degree in Child Development/Family Relations from ECU.

She is a member of the Golden Key Honor Society, was chosen Who's Who among Entrepreneurs in 1999, and received the Governor Hunt award in 2000 for outstanding community services.

She has four children and six grandchildren. She also bakes cakes from scratch and is a certified manicurist.

— *Jane Hudson*

Here's more about Her:

The nickname I wish I had is:

"Sunshine."

My favorite smell is:

"Roses."

If I could do it all over again, I would:

"Travel more."

The food I could eat every day is:

“Candy corn.”

What I know now that I wish I had known when I was younger:

“Wait to get married.”

One thing I've always wanted to do but never have:

“Skate.”

What's always in my refrigerator:

“Yogurt.”

My guilty pleasure is:

“Eating sweets.”

My theme song should be:

“I Belong to Him’ by The Vines Sisters.”

My favorite possession is

“My Dove of Love and Peace necklace.”

My passion is:

“Being a teacher.”

If I were a super-heroine, I'd want the power to:

“Make everyone around me to be positive.”

What I wanted to be when I grew up:

“An actress.”

My favorite place in the world is:

“Home.”

The one technological gadget that has changed my life most is:

“Laptop computer.”

My favorite web site is:

“Facebook.”

One thing I never want to do again is:

“Move to another house.”

What brings me joy:

“Helping others.”

I collect:

“Angels.”

My first job was:

“Working at Roses when I was 16.”

The skill I wish I had:

“To be able to draw.”

My favorite color and why:

“Red, because it is a romantic color.”

My secret ambition:

“Open a house for teenagers/adults who need a temporary home.”

On a rainy day, I love to:

“Relax and watch movies on Hallmark Channel.”

My signature scent is:

“White Diamonds.”

If I could sing like anyone, it would be:

“Anita Baker.”

Flats or heels?

“Flats.”

Leno or Letterman?

“Letterman.”

Early bird or night owl?

“Early bird.”

Coke or Pepsi?

“Pepsi.”

Me, in three words or less:

“Talkative, lovable, successful.”